

During my lifetime, shagging has played an important role in shaping who I am today. It became more than the dance and the music. It became a lifestyle. I became aware of "the shag" when I was 12 years old. I would go to the War Memorial in my small hometown of Mooresville, NC when they had teen functions. I soon learned that knowing how to shag would be advantageous to my social life. I have met most of my friends, been many places, seen many things, and met my wife through shagging.

I have been fortunate to be involved with my local shag clubs, ABSCDJs, and ACSC through the years. I was treasurer of the Lake Norman SC in 1980. I was President of the Lake Hickory SC in 1989 and 1990 and again in 1999-2001. I was treasurer of ABSCDJ's in 1995 and Vice Chairman of ACSC in 1990. I was honored with The Shagging Icon Award in 2006, was inducted into the ABSCDJ HOF in 2009, and The Greenville Area HOF in 2014.

I have been DJing for the shag world since 1980 thanks to my friendship with my mentor, DH HOFer, Harold Beaver. I took shag lessons from Harold and Helen and we became close friends. He would let me spin records when he was teaching and when he needed to "take a break". I was hooked.

I attended my first SOS in 1983 and have missed only one since. I look forward to SOS and the other shag functions to renew friendships and make new friends. I really think shagging in general has kept me young at heart over the years. I have encouraged anyone I meet to give shagging a try, taught shag lessons, had a weekly radio show on WZLA, and have tried to be a p[ositive ambassador for the shag world. It goes without saying that Shagging has meant and continues to mean much to me.



Norman Mills